



PUBLIC SAFETY  
TRAINING &  
RESPONSE GROUP

# HLTAID009 Provide Cardiopulmonary Resuscitation



# Provide cardiopulmonary resuscitation - HLTAID009

## About This Course

This course provides the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

Delivered by Public Safety Training & Response Group (RTO #45395), this nationally accredited course teaches participants the skills needed to provide CPR in a range of situations, including community, at home and workplace settings.

This certification is mandatory in many workplaces, including for employment in mining, construction, health and fitness, education, and support work.

The certifications are valid across all Australian workplaces. Staff who complete the courses help ensure their businesses comply with safety regulations.

## Training Standards

Public Safety Training & Response Group adheres to high standards, including:

- Professional face-to-face training delivered by experienced trainers, many with ex-military and ex-emergency services experience,
- Training in all relevant legislation, Australian Standards, the most up-to-date techniques, as well as

real-life examples and helpful anecdotes from the trainers' own career experience,

- Practical guided hands-on training with modern equipment.

## Qualifications

Upon successful completion of the Provide cardiopulmonary resuscitation HLTAID009 course, Public Safety Training & Response Group will issue participants with a Statement of Attainment under the Australian Qualifications Framework for the following accredited units:

- HLTAID009 - Provide cardiopulmonary resuscitation

Public Safety Training & Response Group also provides reminders to participants when their renewal courses are due to ensure skills and formal qualifications remain current. Refresher courses are required every year for CPR.



## Participant Requirements

Participants require a Unique Student Identifier (USI), a number required under government legislation for anyone

undertaking accredited Vocational Education and Training (VET). Obtaining a USI is free. To apply for a USI, visit: <https://www.usi.gov.au/>

Participants require general literacy and numeracy skills, and a moderate level of fitness.

Physical tasks involve performing at least two minutes of CPR (five cycles of chest compressions and breaths) on an adult resuscitation mannequin placed on the floor and perform at least two minutes of CPR (five cycles of chest compressions and breaths) on an infant resuscitation mannequin placed on a firm surface.

Participants at face-to-face learning should wear in comfortable clothing, nothing too loose, long pants and enclosed shoes.

For online learning, internet and computer access is required, along with general computer skills. The computer must be able to play audio.

Where applicable, participants must have completed any required pre-course online learning and assessment prior to attending face-to-face training.

Participants must be aged 14 or over. Participants aged 14–17 require written consent from a parent or legal guardian.

If a participant is suffering any transmittable illness (flu, common cold, Covid, etc), please do not attend the training to avoid impacting other participants.

### **Course Formats**

This course is required for those who have never completed the accredited course, or their qualification is nearing expiry. Refresher courses are required every 12 months for qualifications to remain current.



### **Course Delivery**

Courses are delivered on a face-to-face basis at our training rooms at Oxley, south-west Brisbane, which can cater for up to 30 participants.

By prearrangement, training can be conducted offsite at your business premises, educational facility, community hall, or government office. Please contact us to discuss.

This course includes:

- 4.5 hours face-to-face theory and practical learning.

Our training facilities (Oxley) include plenty of free off-street parking.



For bookings outside our regular schedule or at your location, please contact us to discuss.

### **Learner Support**

Our trainers are professional, flexible and approachable. They provide support and feedback as required to assist all course participants.

If you have any concerns and questions about the course or delivery schedule, please raise it with the trainer.



### **Assessment**

The course includes assessments of practical skills and a written questionnaire.

Recognition of Prior Learning (RPL) is not offered for this course due to the need to learn up-to-date methodologies and demonstrate competencies to ensure high level skills.

### **Course Outcomes**

The Provide Cardiopulmonary Resuscitation (HLTAID009) course the skills and knowledge required to perform CPR in line with the Australian Resuscitation Council (ARC) guidelines.

Each candidate will demonstrate skills in an environment that provides realistic in-depth, scenarios and simulations to assess candidates' skills and knowledge.

Course topics include:

#### **Respond to an emergency situation**

- Recognise and assess an emergency situation.
- Ensure safety for self, bystanders and casualty.
- Assess the casualty and recognise the need for cardiopulmonary resuscitation (CPR).
- Seek assistance from emergency services.

#### **Perform CPR procedures**

- Perform CPR in accordance with the ARC guidelines.
- Display respectful behaviour towards casualty.
- Operate an automated external defibrillator (AED) according to manufacturers' instructions.

#### **Communicate details of the incident**

- Accurately convey incident details to emergency services.
- Report details of incident in line with appropriate workplace or site procedures.
- Maintain privacy and confidentiality of information in line with statutory or organisational policies.

### Review the incident

- Recognise the possible psychological impacts on self and other rescuers and seek help when required.
- Contribute to a review of the first aid response as required.

### Other Information

Provide Cardiopulmonary Resuscitation (HLTAID009) training is included in the Provide First Aid (HLTAID011) course.



### Costs

Please refer to the Public Safety Training & Response Group website for costs:

<https://www.pstrgroup.com/>

Discounts apply to group training. Please contact us for a quote.

Public Safety Training & Response Group provides high-value training with leading instructors with considerable industry and real-life experience. That said, please feel free to contact us regarding price-matching those who are offering comparable services at a lower cost.

If a training session cannot be attended, we will work to reschedule the training.

For queries regarding refunds, please refer to the student handbook.

### Be Prepared – Enrol Now

Enrol today.

Participants who complete this course gain valuable work and life skills, empowering them to make a genuine positive difference in their workplaces, communities and homes.

Attaining these qualifications may assist your workplace in meeting its legal and safety requirements.

Public Safety Training & Response Group also delivers additional courses. Consider continuing your upskilling by enrolling today in further learning.



*Enrol Now!*



Public Safety Training & Response  
Group is about saving lives and giving  
people the knowledge to save their own.

***Always be prepared***

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